

IFTA

FITNESS INSTRUCTOR CERTIFICATIONS

**INTERNATIONALLY RECOGNIZED CERTIFICATIONS & TRAININGS
APPROVED AND VERIFIED BY THE U.S. FEDERAL GOVERNMENT**

WWW.IFTA-FITNESS.COM 919-870-0600 M-F

INSTAGRAM: IFTAFITNESS

WHEN

Fri-Sun March 27-29, 2020

WHERE

**Lifetime Fitness
Cary, N.C.**

1700 Regency Pkwy, Cary, NC 27518

Local contact: Roz rsingleton@lifetimefitness.com

SEE ALL DETAILS WWW.IFTA-FITNESS.COM "LIVE EVENTS"

Presenter: Greg Sims

WWW.IFTA-FITNESS.COM

SCHEDULE

Friday Mar 27: 4pm--8pm

Cycle Certification \$99

Textbook emailed \$25 or shipped \$39

Saturday Mar 28: 12pm--5pm

Aqua Certification \$99

Textbook emailed \$25 or shipped \$39

CEC's for each Certification:

4 IFTA, .2 ACE, 4 AFAA, 4 AAAI

Sunday Mar 29: 12pm--5pm

Group Fitness Certification

\$99 Textbook \$81

CEC's for Each Certification:

4 IFTA, .2 ACE, 4 AFAA, 4 AAAI

DETAILS

Register on website or call.

**The Certifications include re-
view of study materials as an
exam prep, practical move-
ment /workout, written test.**

BENEFITING

**A % of all IFTA proceeds goes
towards the fight against can-
cer through the American Can-
cer Society**