

# IFTA FITNESS WEEKEND

**INTERNATIONALLY RECOGNIZED CERTIFICATIONS & TRAININGS  
APPROVED AND VERIFIED BY THE U.S. FEDERAL GOVERNMENT**

**WWW.IFTA-FITNESS.COM 919-870-0600 M-F**

**INSTAGRAM: IFTAFITNESS**

## **WHEN**

**Sat-Sun January 25-26, 2020**

## **WHERE**

**Golds Gym Tierra Este  
El Paso, TX.**

**12040C Tierra Este Rd**

**Local contact: Andrea [agonzales@goldsgym.net](mailto:agonzales@goldsgym.net)**

**SEE ALL DETAILS [WWW.IFTA-FITNESS.COM](http://WWW.IFTA-FITNESS.COM) "LIVE EVENTS"**

**Presenters: Greg Sims and Brian Guzman**

**WWW.IFTA-FITNESS.COM**

## **CERTIFICATION SCHEDULE:**

### **Saturday January 25:**

**12:00pm--5:00pm**

**Cycle \$99**

**Textbook emailed \$25 or shipped \$39**

**Personal Trainer \$99**

**Textbook \$49 shipped only**

**Written test available in English + Spanish**

### **Sunday January 26:**

**12:00-5:00pm Group Fitness \$99**

**Textbook \$81 (only available as shipped)**

**Written test available in English + Spanish**

## **CEC'S OFFERED**

**IFTA, AFAA, AAAI, ACE, NASM**

## **DETAILS**

**Register on website or call.**

**The Certifications include re-  
view of study materials as an  
exam prep, practical move-  
ment /workout, written test.**

## **BENEFITING**

**A % of all IFTA proceeds goes  
towards the fight against can-  
cer through the American Can-  
cer Society**