

IFTA FITNESS WEEKEND

**INTERNATIONALLY RECOGNIZED CERTIFICATIONS & TRAININGS
APPROVED AND VERIFIED BY THE U.S. FEDERAL GOVERNMENT**

WWW.IFTA-FITNESS.COM 919-870-0600 M-F

INSTAGRAM: IFTAFITNESS

WHEN

Saturday November 20, 2021

WHERE

**Family Wellness
Fargo, N.D.**

2960 Seter Parkway

Local contact: Karla

Karla.Hensrud-Wagner@SanfordHealth.org

SEE ALL DETAILS WWW.IFTA-FITNESS.COM "LIVE EVENTS"

Direct Link: <https://www.ifta-fitness.com/product/fargo-n-d-cycle-aqua-certifications-november-20-2021/>

Presenter: Greg Sims

WWW.IFTA-FITNESS.COM

SCHEDULE

8am--12pm

Cycle Certification \$99

Textbook emailed \$25 or shipped \$39

TAKE HOME TEST!

12:30--3:30pm

Aqua Certification \$99

Textbook emailed \$25 or shipped \$39

TAKE HOME TEST!

CEC'S OFFERED

IFTA, AFAA, AAAI, ACE, NASM

DETAILS

Register on website or call.

**The Certifications include re-
view of study materials as an
exam prep, practical move-**

**ment /workout, **Take
Home Test!****

BENEFITING

**A % of all IFTA proceeds goes
towards the fight against can-
cer through the American Can-
cer Society**