

IFTA AQUA FITNESS!

INTERNATIONALLY RECOGNIZED CERTIFICATIONS & TRAININGS
IFTA IS VERIFIED & APPROVED BY THE U.S. FEDERAL GOVERNMENT

WWW.IFTA-FITNESS.COM 919-870-0600 M-F

INSTAGRAM: IFTAFITNESS

WHEN

Sunday October 4, 2020

WHERE

**Mountain View Aquatic Center
Marietta, GA.**

2650 Gordy Parkway

Local contact: Sue Suecarducci@msn.com

ALL DETAILS WWW.IFTA-FITNESS.COM "LIVE EVENTS CALENDAR"

Presenters: Gay Gasper & Darise Barron

WWW.IFTA-FITNESS.COM

DETAILS

AQUA CERTIFICATION

9am-1pm

Cost: \$99.00

Textbook: 2 options

\$39 shipped

\$25 emailed

CEC's: 4 IFTA, 4 AFAA, 4 AAAI, .2 ACE

CEC WORKOUT CLASSES

1:30-2:30pm "Unilateral Aqua"

2:30-3:30pm "Athletic Aqua"

3:30-4:30pm "Aqua Dance Party!"

Cost: per class: \$25.00

CEC's for Each Class:

1 IFTA, 1 AFAA, 1 AAAI, .1 ACE

CERT. INFO:

Register by calling or on the website. Order textbook.

Course includes review of study materials as an exam prep, practical movement, written test.

BENEFITING

A % of all IFTA proceeds goes towards the fight against cancer through the American Cancer Society