

IFTA ADVANCED WEIGHT ROOM CERTIFICATION

INTERNATIONALLY RECOGNIZED CERTIFICATIONS & TRAININGS
APPROVED & VERIFIED BY THE U.S. FEDERAL GOVERNMENT

WWW.IFTA-FITNESS.COM 919-870-0600 M-F

INSTAGRAM: IFTAFITNESS

WHEN

Sat. January 12, 2019

WHERE

J.F. Hurley Family YMCA
Salisbury, N.C.

828 Jake Alexander Blvd West

Local contact: Ester emarsh@rowanymca.com

SEE ALL DETAILS WWW.IFTA-FITNESS.COM "UPCOMING EVENTS"

Presenter: Ester Marsh

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DETAILS

ADVANCED WEIGHT ROOM CERTIFICATION

January 12: 10am-2pm

Cost: \$125.00

Includes textbook emailed

CEC'S GIVEN

4 IFTA

4 AFAA

4 AAAI

.2 ACE

CERT. INFO:

Register by calling or on the website. Order textbook.

Course includes review of study materials as an exam prep, practical movement, written test.

BENEFITING

A % of all IFTA proceeds goes towards the fight against cancer through the American Cancer Society