

# IFTA

# SANFORD, ME.

**INTERNATIONALLY RECOGNIZED CERTIFICATIONS & TRAININGS  
APPROVED AND VERIFIED BY THE U.S. FEDERAL GOVERNMENT**

**WWW.IFTA-FITNESS.COM 919-870-0600 M-F**

**INSTAGRAM: IFTAFITNESS**

## WHEN

**Sun. June 2, 2019**

## WHERE

**Jazz-Tappin Dance Academy  
Sanford, ME.**

**5 York St, Sanford, ME 04073**

**Local contact: Darcy (843) 457-0043**

**darcyckent@yahoo.com**

**SEE ALL DETAILS [WWW.IFTA-FITNESS.COM](http://WWW.IFTA-FITNESS.COM) "LIVE EVENTS"**

**Presenter: Darcy Kent**

**WWW.IFTA-FITNESS.COM**

## SCHEDULE

### CERTIFICATIONS:

**Sunday 8am-1pm**

**Personal Trainer \$99**

**Textbook \$49**

**Sunday 2pm-6pm**

**Barre \$99**

**Materials given to you there.**

### \$10 off COUPON CODE

**If you register for both  
Certifications by May 1st**

**Code: sanford10**

### CEC'S OFFERED

**IFTA, AFAA, AAAI,**

**ACE, and NASM**

### CERTIFICATION DETAILS

**Register by calling or on the  
website.**

**The Personal Trainer includes  
review of study materials as  
an exam prep, practical move-  
ment /workout, written test.**

**Barre includes all practical  
movement with no written  
test.**

### BENEFITING

**A % of all IFTA proceeds goes to-  
wards the fight against cancer  
through the American Cancer  
Society**