

# IFTA P.T. + KICKBOX CERTIFICATIONS

INTERNATIONALLY RECOGNIZED CERTIFICATIONS & TRAININGS  
APPROVED AND VERIFIED BY THE U.S. FEDERAL GOVERNMENT

WWW.IFTA-FITNESS.COM 919-870-0600 M-F

INSTAGRAM: IFTAFITNESS

## WHEN

**February 23-24, 2019**

**Register by Jan 31 for \$10 off**

**Coupon code: save10**

## WHERE

**World Gym Wantagh**

**Wantagh N.Y.**

**3728 Park Ave.**

**Local contact: Barbara spinner1991@gmail.com**

**SEE ALL DETAILS [WWW.IFTA-FITNESS.COM](http://WWW.IFTA-FITNESS.COM) "UPCOMING EVENTS"**

**Presenter: Greg Sims**

**WWW.IFTA-FITNESS.COM**

## DETAILS

### CERTIFICATIONS

**Sat. Feb. 23 10am-3pm**

**\$99 Personal Trainer**

**Sun. Feb 24 10am-2pm**

**\$99 Kickbox**

**Textbooks: PT \$49 / Kickbox—free**

### CEC'S

**CEC's per Certification:**

**4 IFTA, 4 AFAA, 4 AAAI, .2 ACE**

**PT also has .4 NASM**

### CERT. INFO:

**Register by calling or on the website. Order textbook(s).**

**Courses include review of study materials as an exam prep, practical movement, written test.**

### BENEFITING

**A % of all IFTA proceeds goes towards the fight against cancer through the American Cancer Society**